



Packing List - Peru

- Current passport valid at least 6 months past return date of trip and at least 2 copies for trip.
- Fleece jacket (for winter months) and/or light jacket (for summer months) Rain Jackets are always a good idea as layered items and the weather will change a great deal during the trip.
- Night clothes (long pants for men and women are excellent choices).
- Clothes for church (ladies do not need to have long skirts or dresses, yet if you do leggings are a good idea to wear in addition to be able to sit easily with children on the ground, men need to wear pants). Shorts are only worn for planned sports activities or in the room at night.
- Comfortable walking shoes that are closed and durable. The terrain is adventurous in most locations and walking is critical throughout the trip.
- Work clothes (for one week, we suggest 3-4 pairs of pants/jeans, 6-7 shirts—short and long sleeve mixed). The weather is constantly changing throughout the day so layers are necessary. All undergarments need to be covered at all times.
- Water bottle, preferably 16 oz. or more. Flashlight.
- Backpack (you can use this as your carry-on item). Note: 2500-3500 cubic inches is the ideal size. Certain trips we will use only backpacks and the size will be limited by carry-on/checked sizes. (carry-on 45L max, checked bag pack can be 50L+ weight needs to be less than 50lbs.)
- Bible, journal and pen.
- Toiletry items (see TSA guidelines for the 3-1-1 rule on carry-ons). Remember to pack sunscreen, bug spray and chapstick. Sink detergent (sink packets are recommended as no washer/dryer is available).
- Any medicines you will need (the name on any prescription medicine MUST match the name on your passport).
- Pillow (if you prefer your own)
- Protein bars, peanut butter (if desired). The food is mainly carbs and starches so be sure to pack snacks.
- Sunglasses, visor and/or hat
- Money (for meals on the way/at the airports; souvenirs and any money you want to use to purchase items for needs in country).

Be sure to check your airline and TSA requirements for luggage and allowed/prohibited items.